

Letting Patients Decide



FOUNDATION FOR
INFORMED MEDICAL
DECISION MAKING

They Usually Do Anyway

Disclaimer

- I am employed by the Foundation for Informed Medical Decision Making
- The Foundation creates patient decision aids with its commercial partner Health Dialog
- For commercial use, Health Dialog has sole distribution rights

Shared Decision-Making

- What are we talking about
- Why should we do it
- When can we do it
- How can we do it

What: Shared Decision-Making

“the process of **interacting** with patients who **wish** to be involved in arriving at an **informed, values-based** choice among two or more medically reasonable alternatives”¹

INFORMED

There is a choice
The options
The pros and cons of the options

VALUES-BASED

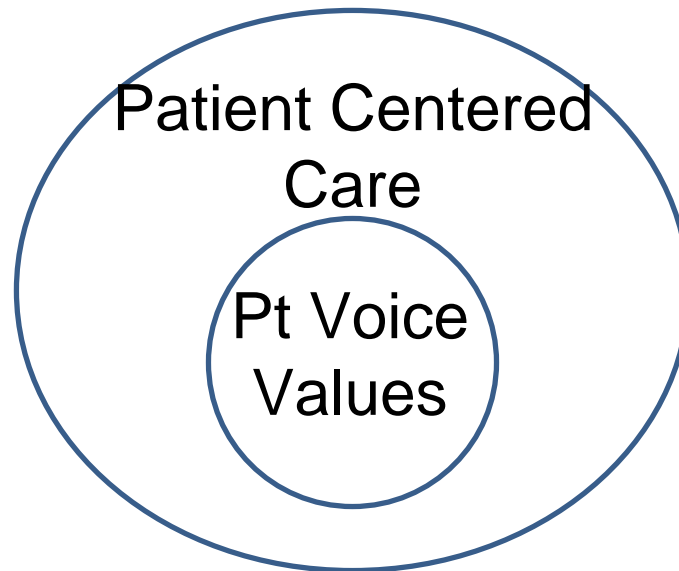
What’s important to the patient



¹A.M. O'Connor et al, “Modifying Unwarranted Variations In Health Care: Shared Decision Making Using Patient Decision Aids” *Health Affairs*, 7 October, 2004



Why



Practical Case

Ethical Case

Clinical Case

Why

MEDICAL CARE
Volume 39, Number 3, pp 206-216
©2001 Lippincott Williams & Wilkins, Inc.

Determining the Need for Hip and Knee Arthroplasty: The Role of Clinical Severity and Patients' Preferences

GILLIAN A. HAWKER, MD, MSc,^{*†¶#} JAMES G. WRIGHT, MD, MPH,^{†¶||}
PETER C. COYTE, PhD,^{¶#**} J. IVAN WILLIAMS, PhD,^{||**} BART HARVEY, MD, PhD,^{||}
RICHARD GLAZIER, MD, MPH,^{†S||#} ANNETTE WILKINS, BA,^{**} AND ELIZABETH M. BADLEY, PhD^{†||#}

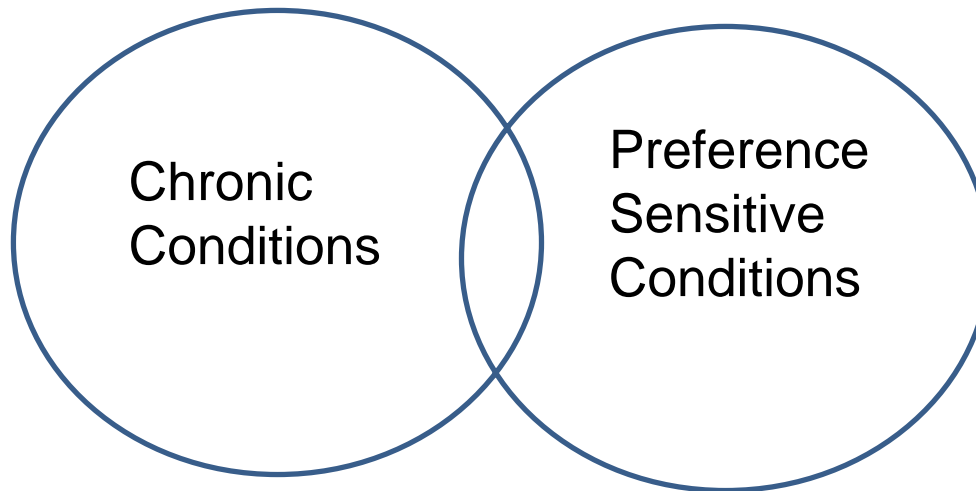
. . . Among those with severe arthritis, no more than 15% were definitely willing to undergo (joint replacement), emphasizing the importance of considering both patients' preference and surgical indications in evaluating need and appropriateness of rates of surgery



Why

Is operating on the wrong limb worse than operating on the wrong patient?

When



Life Long Medications

Major Interventions

Prior to specialty consultation

Preference sensitive conditions

- more than one reasonable treatment option
- Involves tradeoffs

How

- Engage patients by inviting
- Encourage the use of patient decision aids
 - Tools that help people make informed, values-based choices while working with their providers
 - Present balanced information about options
- Help people interpret options in light of what's personally important
 - See Ottawa Health Research Institute (www.ohri.ca)



How

- Distribute before visits for screening and chronic conditions decisions
- Prescribe after primary care visits when specialist referrals are considered
- Integrate and automate whenever possible
- Follow up to offer decision support

Thank You
